

my **choice** matters

Living Life
My Way

Get More Skills
Good Life

Get More Skills: Good Life Workshop

A workshop for people with disability, their families and carers.

- Practise speaking up and setting goals
- Get ready for the NDIS
- Take home tools to help you plan



Springwood Workshop – Tuesday 2 May

10am – 2.30pm

Springwood Sports Club

83 Macquarie Road, Springwood, NSW 2777

Register now! Limited spaces available!

 **1800 144 653**

 **info@mychoicematters.org.au**

 **www.mychoicematters.org.au**

Workshops are fully accessible. We can provide support to ensure everyone can come. Lunch will be provided.

Find out more www.mychoicematters.org.au