

Support Planning

Provided by the Physical Disability Council of NSW

What is support planning?

Support planning assists people with disability to prepare for the National Disability Insurance Scheme (NDIS). The planning process may involve exploring your goals, aspirations, what is important to you, and how you want to live your life.

How long will support planning take?

The decisions you make are important. You may need time to think about what is important to you, you may never have had the opportunity to plan and identify your own goals, or want more time together with your planner to ask questions. We will assist you with support planning for as long as you need to finalise your plan.

Who will be assisting me?

A support planner will be working with you. All of our support planners have experience working within the disability sector and working with people with both physical and intellectual disabilities to plan for their futures. Our planners are all committed to including you throughout the support planning process and working with you in a way that best suits your individual needs.

Physical Disability Council
of NSW

3/184 Glebe Point Road
GLEBE NSW 2037

Phone: 02 9552 1606
Fax: 02 9552 4644
Email:
supportplanning@pdcnsw.org.au

If I want a plan prepared, what will it look like?

Suggested areas of a support plan include :

- Goals
- Steps to achieve your goals
- Identified risks which may affect your goals, and ways to minimise these

We will build your plan in the way that you want. You can tell your planner what you would like in your plan, and what you do not want in your plan.

You may want to add colours, pictures and photos to your plan.

This is YOUR plan, and we want it to be in a format that is suitable for you.

What happens when my support planning assistance ends?

Your planner will talk about what you want to happen with your plan.

Your planner will also provide you with contact information for your local FACS district, if you wish to review your plan, or discuss individualised funding in the future.

Do you want to request support planning assistance?

For people living in the Penrith Area people under 18 need to contact the National Disability Insurance Agency on:

1800 800 110

For all other people referrals are made through your local FACS District:

- Nepean Blue Mountains—02 4734 9499

**Physical Disability Council
of NSW**

**3/184 Glebe Point Road
GLEBE NSW 2037**

Phone: 02 9552 1606

Fax: 02 9552 4644

Email:

supportplanning@pdcnsw.org.au