



## NSW Early Days Tips for Everyday Skills Workshop

When: Monday 22<sup>nd</sup> May 2017 10:00-1:00pm

Where: Penrith Bowling & Recreation Club, Cnr Woodriff St & Derby St, Penrith 2750

Early Days Workshops are designed for parents and carers with a child (aged 0-7 years) who is (or may be) on the autism spectrum



### The Tips for Everyday Skills Workshops can help you:

- Understand why everyday self-help skills can be hard for a child on the spectrum
- Gain strategies to help develop skills
- Tips to specifically help with toileting
- Tips to specifically help with sleep
- Tips to specifically help with eating

### Tips for Everyday Skills Workshops are:

- Scheduled throughout Sydney and regional NSW
- Facilitated by qualified professionals with backgrounds in providing services, advice and supports to families of children on the spectrum
- For small groups
- **Free of charge – all attendees will receive a range of resources**
- Run within school hours
- Not able to provide childcare

To register for the workshop, please visit [www.autismspectrum.org.au/events](http://www.autismspectrum.org.au/events)

Or for more information: Call (02) 8977 8353 or email

[edworkshops@autismspectrum.org.au](mailto:edworkshops@autismspectrum.org.au)

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